



Sommertraining 2018



	Mo	Di	Mi	Do	FR		SA		So
Kinder Anfänger			17:00 – 19:00				11:00 – 13:30		
Kinder Fortgeschrittene	17:00 – 19:00				17:00 – 19:00				
Breitensport		19:00 – 21:00		19:00 – 21:00					12:00 – 14:00 <i>nur Fortgeschrittene</i>
Schulrudern	14:30 – 17:00 <i>Landfermann</i>	14:30 – 16:00 <i>Steinbart</i>			14:00 – 16:00 <i>Mannesmann</i>	15:30 – 17:00 <i>Steinbart</i>			
Junioren	17:00 – 19:00	17:00 – 19:00	17:00 – 19:00	17:00 – 19:00	17:00 – 19:00		9:00 – 11:00	13:00 – 15:00	10:00 – 12:00
Unisport			18:00 – 20:00						
Volleyball			20:30 – 22:00 <i>Hochfelder Markt GGS</i>						



Belegung DuRV



Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag		
8:00		8:00		8:00	Legende	8:00		8:00		8:00		8:00		
:30		:30		:30		:30		:30		:30		:30		
9:00	LFG Landfermann-Gymnasium SBG Steinbart Gymnasium MMG Mannesmann-Gymnasium			KA Kinder Anfänger KF Kinder Fortgeschrittene			Uni Unisport			9:00	J u n	9:00		
:30										:30			:30	
10:00	Jun Junioren			BS Breitensport			VB Volleyball			10:00			10:00	Jun
:30										:30		:30		
11:00		11:00		11:00		11:00		11:00		11:00		11:00		
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21:00		21:00		21:00		21:00		21:00		21:00		21:00		



Ansprechpartner



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